



# Fall Program Presenters

## Age-Friendly Care, PA, Pennsylvania State University



**Jenny Knecht Fredo, MSN, CRNP**  
**Advanced Care Practitioner**

Jenny earned a dual master's degree in Family Nurse Practitioner Studies and Nursing Education from The Pennsylvania State University. Jenny has extensive experience in geriatrics, endocrinology, hospice, wellness health evaluations, and clinical instruction. Jenny is passionate about patient empowerment and clinical policy development to improve geriatric health outcomes. She serves as the clinical liaison between Penn State College of Nursing and the Primary Health Network (PHN). Jenny has been instrumental in developing the collaborative relationship between Penn State and PHN.

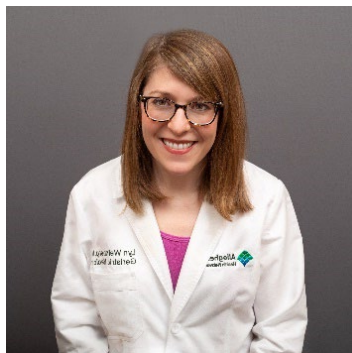
## Allegheny Health Network

**Morgan Mihok, MD**  
**Geriatric Inpatient Quality Physician Lead,**



Dr. Morgan Mihok, a member of the geriatrics team at Allegheny Health Network (AHN), works with patients and their families in hospital, rehabilitation, and long-term care settings, with particular focus on delirium prevention, detection, and management. She moved back home to Pittsburgh after pursuing fellowship training in geriatric medicine at the University of Rochester, where she also completed the family medicine residency program. Dr. Mihok made the career change into medicine after receiving her undergraduate education in chemistry at Penn State University, a master's degree in chemistry from Columbia University, working as an environmental analyst in Massachusetts and serving as a research scientist in environmental litigation. She is passionate about people continuing to enjoy a high-quality life as they age and works with multiple teams at AHN to continuously improve age-friendly care across the network.

**Lyn Weinberg, MD**  
**Director, Division of Geriatrics, Allegheny Health Network**



Lyn is a board-certified Geriatrician and proudly serves as the Division Director for Geriatrics at Allegheny Health Network. She completed her medical training at Jefferson Medical College of Thomas Jefferson University, residency in Internal Medicine at Temple University Hospital, and fellowship in Geriatric Medicine at University of Pittsburgh Medical Center. She is passionate about improving the safety and patient experience for older adults across the full spectrum of care. She currently serves as the Medical Director of AHN's AGS Co-Care Hospital Elder Life Program and has been a leader in the implementation of Age-Friendly care practices at AHN. In addition, she maintains an active clinical practice in Geriatrics, providing care for older adults in the outpatient, inpatient, and home settings. Dr. Weinberg has been a lifelong resident of Pennsylvania and outside of work she enjoys spending time with her husband and chasing after her two kids, aged 3 and 5.

## UPMC St. Margaret's



**Elizabeth Mohan, MD**

**Associate Program Director, UPMC St Margaret Hospital Geriatric Fellowship Program, Medical Director, UPMC St Margaret Hospital Geriatric Care Center**

Elizabeth is a Board-Certified Family Physician and Geriatrician at UPMC St. Margaret Hospital. She is a graduate of Jefferson Medical College. She completed her residency and fellowship training at UPMC St Margaret. She sees patients in the outpatient, inpatient, and nursing facility settings. Her interests include delirium, medical ethics, prognosis and nursing home care. Her undergraduate degree is from Saint Joseph's University in Philadelphia, PA.

## UPMC Mercy



**Stasa D. Tadic, MD, MS**

**Associate Professor of Medicine, Division of Geriatrics, Academic Chief, Geriatric Medicine, UPMC Mercy Hospital Physician Leader, Supportive Services, UPMC Health Plan**

Dr. Tadic provides geriatric medicine consultative services along with education of medical residents at UPMC Mercy hospital. In addition, he is leading a multi-disciplinary team effort of Age-Friendly Hospital System transformation project as part of national initiative sponsored by Institute for Healthcare Improvement (IHI). Due to these efforts, in 2021, 'Mercy' hospital has been designated as a committed institution by IHI - first in the UPMC Health System. This project, and multiple other quality improvement initiatives for improvement care of hospitalized elderly, are part of long-standing mission to build a Geriatric Center of Excellence at UPMC Mercy.

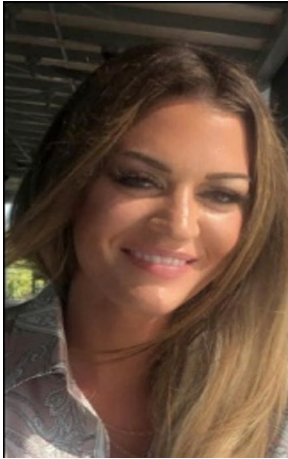
**Melissa Jones, MSN, RN, GEROBC, CDP**

**Geriatric Programmatic Nurse Specialist, UPMC Mercy Nursing Education**



Melissa is the geriatric programmatic nurse specialist and NICHE coordinator at UPMC Mercy. In this role, she leads the geriatric steering committee and Age-Friendly subgroup as an Age-Friendly Committed to Care Excellence health system. She is a Certified Dementia Practitioner through the NCCDP as well as a board-certified gerontology nurse through the ANCC. Melissa holds a Masters in Nursing Education with a certificate in gerontology and has practiced nursing over 20 years in various care settings. Melissa is also part time adjunct clinical faculty with Duquesne School of Nursing and currently working on a doctorate in nursing education. In addition, she is a volunteer with the Greater Pittsburgh Chapter of the Alzheimer's Association and co facilitates a virtual caregiver support group.

## The Willows, Presbyterian SeniorCare Network



**Taylor McMahon, RN**

**Director of Nursing, The Willows, Presbyterian SeniorCare Network**

Taylor is a graduate of CCAC Boyce with her Associate's of Science. She is currently continuing her education at Carlow University. Taylor started her career with Presbyterian Senior Care network in 2013 in personal care Westminster Place. She grew to love geriatric nursing and held various roles most recently accepting the position as Director of Nursing at the Willows. She has aided in quality driven projects including helping the team plan and implement the Age-Friendly Framework at the Willows which is currently underway. Taylor recently received the American Hospital Association Next Generation Leadership Fellowship which project focus is Age-Friendly Framework to aide in her personal and professional development to better serve her team and residents.

## Veterans Affairs Pittsburgh Healthcare System



**Gwyn Gilliland, NP, CRNP**

**Geriatric Nurse Practitioner, Veterans Affairs Pittsburgh Community Living Center (CLC)**

Gwyn Gilliland has been a nurse practitioner for 21 years. After working as a nurse at Johns Hopkins Hospital and attending University of Maryland Baltimore City for her geriatric nurse practitioner degree, she moved back to Pittsburgh-doesn't everyone! She has worked in multiple facets of care at UPMC St. Margret's, Presbyterian/Shadyside with surgical services and Trauma surgery. In addition, geriatric psychiatry, hospice and nursing home patient care management. In 2017, started work at the VA Pittsburgh Community Living center (CLC) currently focused on Intensive and subacute rehab patient care. Currently the Age-Friendly and 4Ms champion at the CLC.



**Jennifer Pruskowski, PharmD, MS, BCPS, BCGP, CPE**

**Geriatric Clinical Pharmacy Specialist, Associate Director of Education and Evaluation (ADEE), GRECC , Veterans Affairs Pittsburgh Healthcare System**

Dr. Pruskowski is an Assistant Professor and Director of Geriatric Pharmacy Research and Education within the Division of Geriatric Medicine, University of Pittsburgh; and a Geriatric Clinical Pharmacy Specialist and the Associate Director for Education and Evaluation within the Pittsburgh Geriatric Research Education and Clinical Center (GRECC).