

**Pennsylvania Orders for Life-Sustaining Treatment  
POLST: Doing It Right! Training Course**

**Tuesday, April 23, 2019**

**8:30 a.m. – 2:45 p.m.**

**Sponsored by Jewish Healthcare Foundation**

**Co-sponsored by**

University of Pittsburgh School of Social Work

**Joint Providership by**

University of Pittsburgh School of Medicine

Coalition for Quality at the End of Life (CQEL) of the Jewish Healthcare Foundation

**Faculty**

**Judith S. Black, MD, MHA**

Jewish Health Foundation Physician Advisor, National POLST Paradigm Task Force Member,  
Clinical Associate Professor University of Pittsburgh School of Medicine

**Nicole Greer, RN, MPH, MPA**

Quality Improvement Specialist, Jewish Healthcare Foundation

**Marian Kemp RN, BSBA**

POLST Coordinator, Coalition for Quality at the End of Life (CQEL)

**Libby Moore, LSW, DHCE**

Vice President of Patient Care, River Communities Fiduciary Services

**Rodney Rutkowski, MSW**

Director of Health Management, UPMC St. Margaret

**Sign-in and Continental Breakfast 8:00-8:30 a.m.**

**Jewish Healthcare Foundation,  
Center City Tower, 650 Smithfield St, 26<sup>th</sup> Floor, Pittsburgh PA 15222**

**There is no program fee to attend.**

There is a cost of **\$10** for social workers wishing to earn SW continuing education credits, payable the day of training program. Those seeking such credit should bring cash or a check in that amount, payable to *Jewish Healthcare Foundation*.

**A 2.5 hours** online prerequisite course must be completed prior to the in-person program. The link, user name and pertinent information will be provided to registrants approximately two weeks prior to the in-person course date.

### **Course Description**

The major focus is to advance participants' understanding of advance care planning and the role of POLST and the development of skills to facilitate goals of care discussion for individuals with advanced illness, serious health conditions, medical frailty or those of advanced age and wishing to define their preferences for care.

### **Course Goals**

Participants will:

- Be able to define the role of Advance Directives and POLST in Advance Care Planning;
- Have a high level of understanding of the importance of the POLST conversation;
- Demonstrate the ability to facilitate a goals of care discussion with POLST appropriate individuals and correctly complete a POLST form;
- Have sufficient knowledge of tools and resources to serve as a POLST resource within their institutions and communities.

### **Who Should Attend**

Health care professionals, including physicians, physician assistants, CRNPs, nurses, social workers, chaplains and others, who care for individuals approaching the end of life and wish to enhance their ability to engage in effective goals of care conversations with patients, families and surrogates.

### **CME Accreditation and Designation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of University of Pittsburgh School of Medicine and the Coalition for Quality at the End of Life (CQEL). The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this blended activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses attending this program will receive a Certificate of Attendance confirming 5.5 hours of continuing education in a CME accredited program. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.

NOTE: An additional 2.5 CME credit is earned through the completion of the prerequisite course.

### **CEU Credits for Social Workers**

This program is offered for 8.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social continuing education. 2.5 of the 8.0 CEU credits are earned through the completion of the prerequisite course. These credit hours satisfy requirements for LSW/LCSW, LPC and LFMT biennial license renewal. For information on social work continuing education call (412) 624-3711.

### **Registration deadline is April 10, 2019**

To register, send email notification to Catherine Mutunga at the Jewish Healthcare Foundation  
[mutunga@JHF.org](mailto:mutunga@JHF.org)

Note: Space is limited. Registrations will be accepted on a first-come basis.  
For further information, send email request to Marian Kemp at [PAPOLST@verizon.net](mailto:PAPOLST@verizon.net)